

CERTIFICATE COURSES ON VALUES & LIFE COPING SKILLS

MODULE 01 - 2 CREDITS

THIS MODULE IS DIVIDED INTO THREE BROAD UNITS NAMELY:

(i) Value Orientation - Definition, Norms and Values, and Personal Values

- i. Sincerity
- ii. Concern
- iii. Seeking to do the best
- iv. Sense of thought and action which can harm the individual and the society
- v. Sense of duty
- vi. Sense of character

(ii) Values in Modern Society - (i) Modernization and Modernity, (ii) Rationalist and liberal model, (iii) Revisionist and Orthodox Model, (iv) Radical and Revolutionary model

(iii) Types of Contemporary Societies - (i) Traditional, (ii) Transitional, (iii) Modern Societies - Ethics and moral foundation and Culture (iv) Post-Modern Society.

- Each of the units has assignments. These will be supplemented with the latest ideas while interacting with specialists.

MES KEVEEYAM COLLEGE VALANCHER

LIST OF STUDENTS- CERTIFICATE COURSE INTRODUCTION TO VALUES (SEED CHEST)

Sl. No	Receipt No.	Name	Class
1	301	JANNA JASMINE BINTHALIB	III SEM PSYCHOLOGY
2	302	SHAMA JIHAN	III SEM PSYCHOLOGY
3	303	FATHIMA BANSHA	III SEM PSYCHOLOGY
4	304	MUSFIRA	III SEM PSYCHOLOGY
5	305	SHIFA HANEEN	III SEM PSYCHOLOGY
6	306	NAELA HAMSA	III SEM PSYCHOLOGY
7	307	SAFA THASNI	III SEM PSYCHOLOGY
8	308	AMALU O.P	III SEM PSYCHOLOGY
9	309	HANIYA SANIYA	III SEM PSYCHOLOGY
10	310	SHIFNA	III SEM PSYCHOLOGY
11	311	SHIFA	III SEM PSYCHOLOGY
12	312	LIBA HANOON. V	III SEM PSYCHOLOGY
13	313	ADHITHYA MENON. K	III SEM PSYCHOLOGY
14	314	NIDA.M.P	III SEM PSYCHOLOGY
15	315	POOJA .M	III SEM PSYCHOLOGY
16	316	FARHANA SHERIN.P	III SEM PSYCHOLOGY
17	317	FATHIMA HIBA	III SEM PSYCHOLOGY
18	318	MEERA KRISHNA	III SEM PSYCHOLOGY
19	319	SHAHANA BANU.K	III SEM PSYCHOLOGY
20	320	AMNA ANVAR.K.K	III SEM PSYCHOLOGY
21	321	SHAMEEMA THASNI K M	III SEM PSYCHOLOGY
22	322	SYCO SHAHBAS	III SEM PSYCHOLOGY
23	323	RINSHA K P	III SEM PSYCHOLOGY
24	324	FATHIMA RINSHANA K	III SEM PSYCHOLOGY
25	325	MURSHIDA	III SEM PSYCHOLOGY
26	326	FAHIMA	III SEM PSYCHOLOGY
27	327	FATHIMA RASHA	III SEM PSYCHOLOGY
28	328	THASHREEFA	III SEM PSYCHOLOGY
29	329	RINSHA JESLIN	III SEM PSYCHOLOGY
30	330	SHAHALA	III SEM PSYCHOLOGY
31	331	SHAHABANA	III SEM PSYCHOLOGY
32	332	ASNA	III SEM PSYCHOLOGY
33	333	FAHEEMA	III SEM PSYCHOLOGY
34	334	ANSHIDA	III SEM ZOOLOGY
35	335	HANSHIDA	III SEM ZOOLOGY
36	336	RINSHA SHERIN	III SEM ZOOLOGY
37	337	FATHIMA SHAFNA	III SEM BOTANY
38	338	MURSHIDA SHERIN KAVUNGAL	III SEM BOTANY
39	339	JUZAIRA K	III SEM BOTANY
40	340	DHANA K	III SEM BOTANY
41	341	FATHIMA RIYA	III SEM BOTANY
42	342	ARDRA. K	III SEM BOTANY
43	343	AISWARYA. K	III SEM BOTANY
44	344	HANAN	III SEM BOTANY
45	345	VASILA	III SEM BOTANY
46	346	MUHAMMED NIBIL	III SEM BOTANY

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47	347	BASIL	III SEM BOTANY
48	348	FATHIMA NASHA	III SEM BOTANY
49	349	SHEIWA C P	III SEM BOTANY
50	350	HIBA	III SEM BOTANY
51	351	SAMEEHA	III SEM PSYCHOLOGY
52	352	RUDHAINA BEEVI	III SEM BOTANY
53	353	ANSILA	III SEM ZOOLOGY
54	354	LUBNA	III SEM ZOOLOGY
55	355	NAINA	III SEM ZOOLOGY
56	356	NARJAS	III SEM ZOOLOGY
57	357	ANJANA	III SEM ZOOLOGY
58	358	LAZIMA	III SEM ZOOLOGY
59	359	ARUNTHATHI	III SEM ZOOLOGY
60	360	MAHRUFA	III SEM ZOOLOGY
61	361	ARYA	III SEM ZOOLOGY
62	362	RASHA	III SEM ZOOLOGY
63	363	ZAHRATH SULTHANA	III SEM ZOOLOGY
64	364	FATHIMA BATHOOL	III SEM ZOOLOGY
65	365	ZULEKHA	III SEM ZOOLOGY
66	366	FAHMIDA	III SEM ZOOLOGY
67	367	SAFNA YOOSUF	III SEM ZOOLOGY
68	368	JUMA JASIL	III SEM ZOOLOGY
69	369	SANIYYA	III SEM ZOOLOGY
70	370	SUMAYYA	III SEM ZOOLOGY
71	371	RIDHA	III SEM ZOOLOGY
72	372	THAHSIN	III SEM ZOOLOGY
73	373	FEMINA	III SEM ZOOLOGY
74	374	AMEEN	III SEM ZOOLOGY
75	375	SHAHANA SHERIN	III SEM ZOOLOGY
76	376	FATHIMA SHAHANA	III SEM ZOOLOGY
77	377	SAFA	III SEM ZOOLOGY
78	378	LUBNA SHAHANAS	III SEM OPTOMETRY
79	379	SREENIBA	III SEM OPTOMETRY
80	380	ANUPRIYA. M	IV SEM PSYCHOLOGY
81	381	NIKHILA K P	IV SEM B.COM
82	382	RISLA SEBIN	IV SEM OPTOMETRY
83	383	MUHAMMED SHAMMEEL P	IV SEM B.COM SELF
84	271	FAHMIDHA N	IV SEM RETAIL MANAGEMENT
85	272	FATHIMATH SAFNA K	IV SEM OPTOMETRY



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Sl.N O	STUDENT NAME	Email Id	Core value s	QUIZ ON MODE RN VALUE S	IMPOR TANCE OF VALUE S EDUCA TION IN HIGHE R EDUCA TION	WHAT IS THE IMPORT ENCE OF VALUE EDUCAT ION IN PERSON ALITY DEVELO PMENT	IMPORT ANCE OF CORE VALUES IN LIFE AND IN PERSON ALITY DEVELO PMENT	ASPEC TS OF TRADI TIONA L VALUE S	TOTAL
1	<u>ANJANA A</u>	anjanarajendran7620@gmail.com	10	10	10	10	10	10	100%
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73	<u>Shahna</u>	shahnaaac@gmail.com	2	10	10	10	10	10	87%
74	<u>Shama</u>	jihanshama@gmail.com	10	10	10	10	10	10	100%
75	<u>Shameena</u>	shameenathasni642@gmail.com	10	10	10	8	10	8	93%
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82	<u>Syed</u>	Shahbassyed2@gmail.com	0	10	10	10	10	10	100%
83	<u>Vibina</u>	vibinaac@gmail.com	10	10	10	10	10	10	100%
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SOCIETY FOR EDUCATION AND ECONOMIC DEVELOPMENT AND MES KEVEEYAM COLLEGE

CERTIFICATE

(Participation and completion of course on introduction to Values)

This is to certify that Ms. ANUPRIYA M (kallyanizz123@gmail.com) of Bachelor's programme participated in two credit course on introduction to values (Online through Canvas LMS) jointly organized by Centre of Higher Education Education Studies and Training of Society for Education and Economic Development, New Delhi and MES KEVEEYAM College Valanchery, Kerala during academic year 2023-2024. She has successfully completed the course and obtained 'O' grade on 10 point scale.

President
SEED - CHEST

Gen Secretary
MES Keveeyam

Principal
MES Keveeyam

Programme Incharge
MES Keveeyam



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SOCIETY FOR EDUCATION AND ECONOMIC DEVELOPMENT AND MES KEVEEYAM COLLEGE

CERTIFICATE

(Participation and completion of course on introduction to Values)

This is to certify that Mr./Ms. Asna KV (asnakv18@gmail.com) of Bachelor's programme participated in two credit course on introduction to values (Online through Canvas LMS) jointly organized by Centre of Higher Education Education Studies and Training of Society for Education and Economic Development, New Delhi and MES KEVEEYAM College Valanchery, Kerala during academic year 2023-2024. She/he has successfully completed the course and obtained 'O' grade on 10 point scale.

President
SEED – CHEST

Gen Secretary
MES Keveeyam

Principal
MES Keveeyam

Programme Incharge
MES Keveeyam



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CERTIFICATE

(Participation and completion of course on introduction to Values)

This is to certify that Ms. AISWARIYA K (ka1793209@gmail.com) of Bachelor's programme participated in two credit course on introduction to values (Online through Canvas LMS) jointly organized by Centre of Higher Education Education Studies and Training of Society for Education and Economic Development, New Delhi and MES KEVEEYAM College Valanchery, Kerala during academic year 2023-2024. She has successfully completed the course and obtained 'O' grade on 10 point scale.

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SEED - CHEST

Gen Secretary
MES Keveeyam

Principal
MES Keveeyam

Programme Incharge
MES Keveeyam



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Memorandum of Understanding

Centre for Higher Education Studies and Training of Society for Education and Economic Development, New Delhi first party and MES Keveeyam College, Valanchery, Malapuram, Kerala agrees to sign MOU on Thursday 24th August, 2023

Second Party agrees to implement the Certificate Courses on Values and Life Coping skill for teachers, students of higher education.

First Party will

- (1) Provide course contents on LMS of Values and Life Coping Skills. It will also update them from time to time.
- (2) Certify the trainer based on their study of the modules and demonstration of their learning outcomes through the development of a portfolio. Certified Trainers can train the mentors and other trainers to implement the course.
- (3) have a system of registration of trained teachers and students registering for the certificate courses in Values and Life coping skills.
- (4) Oversee the qualitative implementation of the courses and jointly monitor with the staff of the second party.
- (5) Give joint certificates to the students who successfully complete courses with their achieved grades
- (6) And allow the second party to fix the fees as per its situation.
- (7) Receive only 50 percent of gross revenue from registration and course, evaluation and certification fee.

Second Party will

- (1) Implement the courses as per the agreed design.
- (2) Register students and send details of registered students of the SEED-CHEST Office
- (3) Provide access to students to relevant material and content on LMS.
- (4) Arrange for mentor students interaction and workshop at least three times in a course
- (5) Jointly carry out an assessment of the achievement of students and jointly issue a certificate of achievement to students with grades.



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(6) Arrange for quality check by the first party to ensure that programme is regularly and effectively implemented.

(7) Share 50 of gross revenue from registration, course, and evaluation and certification fee.

(8) Tentatively agree fees is: Registration - Rs.400/- plus Rs.100/- for Evaluation and for Rs.100/- Certificate fee total Rs.600/- for two credit course per student.

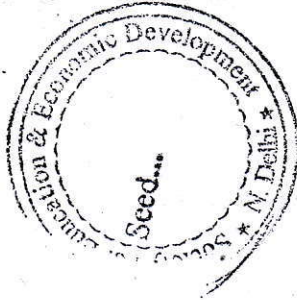
Both parties agree to cordially implement the courses in the larger interest of the development of youth in India and abroad.



(G.D.Sharma)

Signed by First Party

President, SEED



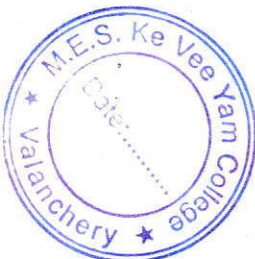
(Mohamedali.P.)

Signed by Second Party

Secretary and Correspondent



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Introduction

Forces that make the minds of the youth have enlarged considerably. Besides the parental influence, teachers' influence, peer influence, and influence of books read by the youth, the influence of media-print, audio, and video are heavily shaping the minds and actions of youth.

The influence of visual communication is stronger than that of other communication systems. In the recent past parental, teacher, and book influence has considerably declined, but the influence of visual communication has increased. The visual communication market is highly dominating.

As a result, youth is exposed to what is decided by the market. The market communicates products and views that profit it. What the market communicates may not necessarily be in the larger interest of youth, family, and the nation.

Under this situation, it has become imperative for colleges to make relevant and alternative literature available to students and make concerted efforts to communicate those products and views, which go a long way in making the minds and lives of youth.

The present course introduction to "Values and Life Coping Skills" is an attempt to help youth understand issues in the wider context and build their worldviews. It also offers some tips for personality development and coping with real-life situations.

Course Contents

Module 01 Values – Credits -2

This module is divided into three broad Units and sub-units namely,

(1) Value Orientation- Definition, Norms and Values, and Perennial Values-

1. Sincerity, 2. Concern, 3. Seeking to do the best, 4. Sense of thought and action which can harm the individual and the society, 5. Sense of duty, 6. Sense of character

(2) Values in Modern Society- Modernization and Modernity, Rationalist and liberal model, Revivalist and Orthodox Model, Radical and Revolutionary model

(3) Types of Contemporary Societies- Traditional, Transitional, and Modern Societies- Ethics and moral foundation and Culture and Post-Modern Society,

Each of the units has assignments. These will be supplemented with the latest ideas while interacting with specialists.

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