

From

Dr. Lakshmipriya T.

The Head of the Department

Department of Optometry and ophthalmological techniques

MES KVM College, Valanchery

To

The principal

MES KVM College, Valanchery

Sir,

Sub: Request for the Approval of Certificate Course

The Department of Optometry and Ophthalmological techniques is planning to conduct a certificate Course on "**Practices in Contact lens**" of 25 hours duration for the third year UG students. So kindly grant permission for the same.

Thank You Very Much

Yours faithfully,



Dr. Lakshmipriya T.

Place: Valanchery

Date : 29/9/2022



From

DR.LAKSHMIPRIYA.T

The Head of the Department

Department of Optometry and ophthalmological techniques

MES KVM College, Valanchery

To

The principal

MES KVM College, Valanchery

Sir,

Sub: Request for the Approval of Board of Studies for the Short Term Course

Following Accademicians may be included the Board of Studies for the Short Term Course on **"Practices in Contact Lens"** to be conducted by the Department of Optometry with these members,

1. Mubashira PT(Asst. professor, Department of Optometry , Ites College of Health Sciences, Malappuram.)
2. Nusrath U (Principal, B.Voc Optometry, Shihab Thangal Hospital and Research Centre, Tirur.)

Thanking you

Yours faithfully,

Dr. Lakshmipriya T

Place: Valanchery

Date: 29/09/2022



SHAJID P P
ASSISTANT PROFESSOR
IN CHARGE OF PRINCIPAL
M.E.S KEVEEYAM COLLEGE
VALANCHERY, PIN 676 552



MES KEVEEYAM COLLEGE VALANCHERY

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principal@meskeveeyamcollege.ac.in

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Proceedings of the Principal, MES Keveeyam College Valanchery (Present: Prof. Shajid P.P)

Order No. ACS/2022-23/01 Dated: 30.09.2022

Sub: Certificate Course-Reg.

Ref: (1) Request from the Head of the Department of Optometry and Ophthalmological Techniques, Dated 29.09.2022
(2) Minutes of the Board of Studies Meeting for approval of the Syllabus Dated 13.09.2022

ORDER

As per the reference cited (1), a request was received from the Head of the Department of Optometry and Ophthalmological Techniques to start a certificate course on **(CC/OPT/01-Practices in Contact Lens)** for the third-year UG students. In the same letter, the head of the department has recommended a panel of academicians to be included in the Board of Studies.

The board of studies for the above course is constituted of the following members.

1. Fathima Nidha. N.K (Asst. Professor, Department of Optometry and Ophthalmological Techniques, MES Keveeyam College Valanchery)
2. Mubashira P.T (Asst. Professor, Dept. of Optometry, Itees College of Health Sciences)
3. Nusrath U (Principal, B.Voc Optometry, Shihab Thangal Hospital and Research Centre, Tirur)

Sanction is hereby accorded to the Department of Optometry and Ophthalmological Techniques for conducting the above referred certificate course.

Order is issued accordingly.




Principal
SHAJID P P
PRINCIPAL
M.E.S KEVEEYAM COLLEGE
VALANCHERY, PIN 676552
MALAPPURAM

Copy to:

1. HoD, Department of Optometry and Ophthalmological Techniques
2. File

MINUTES OF BOARD OF STUDIES MEETING

Venue: Department of Optometry and Ophthalmological techniques

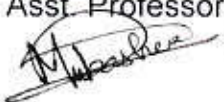
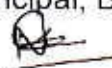
Agenda: Approval of syllabus of short term course

Date : 13/09/22

Decision:-

1. Discussions were done on the draft syllabus
2. Suggestions for including practical in the syllabus
3. Approval can be given to syllabus

Members present:

1. Fathima Nidha. N.K., Asst. Professor, Department of Optometry, MES KeVeeYam College, Valanchery 
2. Mubashira P.T. , Asst. Professor, Dept. of Optometry, Itees College of Health Sciences 
3. Nusrath U. Principal, B.Voc Optometry, Shihab Thangal hospital and research centre, Tirur 


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M.E.S. Keveeyam College
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DEPARTMENT OF
B.VOC OPTOMETRY & OPHTHALMOLOGICAL TECHNIQUES
ORGANIZES

Certificate Course On PRACTICES IN CONTACT LENS

COURSE BEGINS ON : 29/09/2022



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HOD
Department of Optometry &
Ophthalmological Techniques
M.E.S. Keveeyam College
Valanchery, Pin - 676552

MES KEVEEYAM COLLEGE VALANCHERY

DEPARTMENT OF OPTOMETRY AND OPHTHALMOLOGICAL TECHNIQUES

SHORT TERM COURSE ON

CC/OPT/01- PRACTICES IN CONTACT LENS

Credit 3
25 hrs

Objectives

- Important concepts in dispensing contact lens.
- To give a fitting idea about contact lens.
- Selection of contact lens.
- Insertion and removal of soft and RGP contact lens.
- Contact lens maintenance

Outcomes

- To assess the better quality of life after switching to contact lens .
- To give knowledge about the selection ,fitting, insertion, removal and maintenance of contact lens

Course Contents

- Theory : 20 Hours duration
- Practical :5 Hours duration

Scheme of Evaluation

- Written Examination (Conventional) :40marks
Practical :10 marks
Total :50 marks

A Grade: 80% and above, B Grade: 60-79% %, C Grade: 40-59%%, Below 40% D Grade



SRANIPP
ASSISTANT PROFESSOR
IN CHARGE OF PRINCIPAL
M.E.S KEVEEYAM COLLEGE
VALANCHERY

PRACTICE IN CONTACT LENS

SYLLABUS

(2021-2022)

Unit I: INTRODUCTION OF CONTACT LENSES

Milestone,terminology,CL-Introduction,material selection,and classification

(5 hrs)

Unit 2: OPTICS OF CONTACT LENS

Optics,ocular examination,selection of lens-options available, replacement schedule.

(5 hrs)

Unit 3: SOFT AND RGP FITTING

Fitting assessment,selection of power,selection of trial lens,parameters for ideal fitting,torric contact lens fitting.

(5 hrs)

Unit 4: CONTACT LENS DISPENSING

vision assessment, fitting assessment, lens quality, ocular condition, contact lens care system and contact lens complication.

(5 hrs)

Unit 5: CONTACT LENS PRACTICAL

(5 hrs)

REFERENCES

Contact lens primer –Monica chaudhry(2016)



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TIME TABLE FOR THE SHORT TREM COURSE (1-10-2022 to 27-11-2022)

DATE	DAY	NAME OF FACULTY ENGAGING THE CLASS	TIME
29/9/2022	thursday	mubasheera	3.30-4.30
30/9/2022	friday	mubasheera	
6/10/2022	Thursday	mubasheera	3.30-4.30
7/10/2022	Friday	mubasheera	3.30-4.30
10/10/2022	Monday	Nidha	3.30-4.30
11/10/2022	tuesday	Nidha	3.30-4.30
12/10/2022	wednesday	nidha	3.30-4.30
13/10/2022	Thursday	nidha	3.30-4.30
14/10/2022	friday	nidha	3.30-4.30
17/10/22	monday	mubasheera	3.30-4.30
18/10/22	tuesday	mubasheera	3.30-4.30
19/10/22	Wednesday	Mubasheera	3.30-4.30
20/10/22	thursday	mubasheera	3.30-4.30
21/10/22	friday	mubasheera	3.30-4.30
25/10/22	tuesday	mubasheera	3.30-4.30
26/10/22	wednesday	mubasheera	9.30 - 12.30
27/10/22	thursday	mubasheera	3.30-4.30
28/10/22	friday	nidha	3.30-4.30



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31/10/2022	Monday	nidha	3.30-4.30
1/11/22	tuesday	mubasheera	3.30-4.30
02/11/22	Wednesday	mubasheera	3.30-4.30
03/11/22	thursday	mubasheera	3.30-4.30
04/11/22	friday	Nidha	3.30-4.30
07/11/22	monday	Nidha	3.30-4.30
08/11/22	tuesday	mubasheera	3.30-4.30
09/11/2022	Wednesday	mubasheera	3.30-4.30
10/11/2022	thursday	mubasheera	3.30-4.30
11/11/2022	friday	Nidha	3.30-4.30
14/11/22	Monday	Nidha	3.30-4.30
15/11/22	Tuesday	Nidha	3.30-4.30

Mubasheera - (18 hrs)

Fathima Nidha (12 hrs)



HOD
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Valanchery, Pin - 676552

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Certificate Course Question paper

Contact lens

Time : 2.5hrs

Total mark : 50

Section A (6*5 = 30)

1. Optics of Contact lens ?
2. Contact lens Terminology ?
3. Oxygen permeability & Transmisibility ?
4. Meterial of Contact lens ?
5. Parameters of Contact lens ?.
6. Contact lens designs?

Section B (2*10 =20)

7. Write about Soft cContact lens fitting ?
8. RGP Contact lens fitting – Expalin ?




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Certificate Course Mark list

Practices in Contact lens

Si No	Name	Mark
1	Afeefa Poozhinkunnath	45
2	Ajina Reji	47
3	Anshida Sherin P	41
4	Ansilla sherin VP	40
5	Binsha KV	34
6	Dilshada Sherin CV	45
7	Fahmitha	39
8	Farzana Thesni	43
9	Fasna Sherin TP	41
10	Fasna K	41
11	Fathima Nidha	38
12	Fathima Suhara MP	40
13	Hafeeeda CP	42
14	Hisana Thesni K	41
15	Jelala KP	48
16	Muhsina K	43
17	Nafeesathul Misriya V	37
18	Arshida	35
19	Hafeefa A	39
20	Nafeesathul Misriya KP	43
21	Nafeesathul Misriya K	45
22	Nasheeda	37
23	Nashifa	40
24	Panjami	40
25	Rishad Ali	37
26	Sadik Ali	39
27	Shaheedabi	38
28	Shahala fathima	39
29	Sana Parvin	42
30	Shahana K	39
31	Shahana Sherin	45
32	Shahina Thesni	46
33	Shameema Shahanas	42
34	Shilpa	47
35	Rishan A	39



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Signature

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Certificate

This is to certify that

KVM/CC/22-23/

DILSHADA SHERIN CV

has successfully completed the certificate course on " PRACTICES IN CONTACT LENS
-----" conducted by the Department of B.Voc OPTOMETRY-----, MES

Keveeyam College, Valanchery during the period 2022-23.

Klinee

CO-ORDINATOR



HEAD OF DEPARTMENT

Kumar

Dr. K.P. VINOD KUMAR
PRINCIPAL



HOD

Department of Optometry &
Ophthalmological Techniques
M.E.S. Keveeyam College
Valanchery, Pin - 676552



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Certificate

KVM/CC/22-23/

This is to certify that

JALALA KP

has successfully completed the certificate course on " PRACTICES IN CONTACT LENS

----- " conducted by the Department of B.Voc OPTOMETRY -----, MES

Keveeyam College, Valanchery during the period 2022-23.

K. L. Sree

CO-ORDINATOR



HEAD OF DEPARTMENT

Vinod

Dr. K.P. VINOD KUMAR
PRINCIPAL



SHORT TERM COURSE ON POSITIVE PSYCHOLOGY

SI NO	NAME OF THE STUDENT	STUDENT ATTENDANCE																			
		SEPTEMBER		OCTOBER																	
		29	30	6	7	10	11	12	13	14	17	18	19	20	21	25	26	27	28	31	
1	AFEFAH POOZHICKUNNATH	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
2	AJINA REJI	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
3	ANSHIDHA SERIN.P	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
4	ANZILA SHERIN.V.P	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
5	ARSHIDA THASNI	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
6	BINSHA .KV	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
7	DILSHADA SHERIN.CV	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
8	FAHMITHA	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
9	FARSANA THASNI.MT	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
10	FASNA SHERIN.TP	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
11	FASNA.K	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
12	FATHIMA NIDHA.	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
13	FATHIMATH SUHARA MP	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
14	HAFEEDA .A	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
15	HAFEEDA.CP	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
16	HISANA THESNI.K	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
17	JELALA .KP	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
18	MUHSINA .K	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	
19	NAFEESATHUL MISIRIYYA.V	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	

SILAJID P P
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MES REVEEYAM COLLEGE
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