

**KEVEEYAM COLLEGE
VALANCHERY**

**GENDER EQUITY
PROGRAMMES 2017-18**



MES KEVEEYAM COLLEGE
VALANCHERY-676552, Malappuram Dt.,
Kerala (Affiliated to the University of Calicut)
Phone: 04942644380, 2641347 (Fax)
www.meskvmcollege.org
Email: principal@meskvmcollege.org

Talk on
'Higher Education for Girls'

Venue : College auditorium
on 14th July 2017
Time: 1.30 p.m.



By
Dr. Abdul Hameed C.
Principal, MES Keveeyam College, Valanchery

Organized by
Women Empowerment Cell (SAKTHI)




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M.E.S KEVEEYEM COLLEGE
VALANCHERY, PIN- 676 552
MALAPPURAM

Report 2017-18

Talk on 'Higher Education for Girls'

Date: 14-07-2017

The importance of time management was covered by our Principal, Capt. (Dr.) Abdul Hameed C. on 14th July 2017 for about 200 students in the Auditorium. In his well researched address he emphasized the need for pursuing higher studies by girl students. He gave examples of several women who have excelled despite trying conditions. He also encouraged students to draw up a plan for themselves for their studies as well as other activities. Dr. Preethy Alex welcomed the class and Smt. K. M. Rukkiya gave vote of thanks.



Preethy Alex
Coordinator

[Signature]
Principal



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SELF DEFENCE TRAINING PROGRAMME FOR WOMEN (Nirbhaya)

By Kerala Police Department (Women Self Defense Training Programme) in association with Women Empowerment Cell of MES Keveeyam College, Valanchery (SAKTHI) on 01-02 August 2017.

PROGRAMME SCHEDULE

10.30 am

Welcome address : **Dr. Preethy Alex, WEC coordinator**

10.45 am

Presidential address : Dr. Abdul Hameed C.
Principal, MES Keveeyam College, Valanchery

11.15 am

Inauguration : **Mr. Basheer Chirakkal,**
Sub Inspector, Valanchery

12.00pm

Felicitation : **Dr. C. Rajesh**
IQAC Coordinator
Dinil S.
Staff Secretary

12.25pm

Vote of thanks : **Sreeja Lakshmi** (Assistant coordinator, WEC)

1.30 am - 3.30 pm

Training : **Devayani and Sreeja**
Police Constables, Valanchery Police Station




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Women's Self Defence Training Programme 'Nirbhaya'

Date: 01-08-2017 to 02-08-2017

On 01st and 02nd August 2017, under the Nirbhaya Self Defence Programme, 70 girl students were trained in self defence under the aegis of Kerala Police. Dr. Preethy Alex welcomed the dignitaries and the students. Principal Capt. (Dr.) Abdul Hameed C. presided over the inaugural session and was inaugurated by Mr. Basheer Chirakkal, Sub Inspector, Valanchery. Police constables Devayaniand and Sreeja trained the students through demonstration and practice. All the participants were appreciative of the newly acquired skill. Prof. Sreeja Lakshmi thanked the police team.



Preethy Alex
Coordinator

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Talk on

Health and Hygiene

On 04.10.2017

By

SAKTHI (Women Empowerment Cell)

PROGRAMME SCHEDULE

2.00 pm

Welcome address : **Dr. Preethy Alex**, WEC Coordinator

2.10 pm

Presidential address : Capt. (Dr.) Abdul Hameed C.
Principal, MES Keveeyam College, Valanchery

2.25 pm

Felicitation : **Dinil S.**
(Staff Club Secretary)


2.30 am

Keynote address : **Dr. Anitha Vishwambharan**
Kottakal Arya Vaidya Sala

3.30pm

Vote of thanks : **K. M. Rukkiya**
(HOD, Dept. of Chemistry)




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Class on 'Health and Hygiene'

Date: 04-10-2017

The activities in the year started with a class by Dr. Anitha Vishwambharan of Kottakal Arya Vaidya Sala on health and hygiene related subjects on 04th October 2017. About 180 students attended and benefitted from the class.



Preethy Alen
Coordinator


Principal

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Premarital Counselling to Girl students on 08.11.2017

By

College Counselling Centre

PROGRAMME SCHEDULE

10.00 am

Welcome address

: **K. M. Rukkiya**
(Head of the Department of Chemistry)

10.10 am

Presidential address

: Dr. Abdul HameedC
Principal, MES Keveeyam College, Valanchery

10.30 am

Felicitation

: **Dinil S.**
(Staff Club Secretary)

11.00 am

Keynote address

: **Mr. N. M. Varghese**
(College Counselor)

12.10pm

Vote of thanks

: **Dr. Preethy Alex**
(WEC coordinator)



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Report 2017-18

Premarital Counselling

Date: 08-11-2017

A premarital counselling was organized under the Chairmanship of Mr. N. M. Varghese, College Counsellor in the College Auditorium on 08th November 2017 for 250 students. The participants especially girls actively participated in the discussion. He emphasised on informed decisions and the need for effective communication. Principal Dr. (Capt.) Hameed C. presided over the meeting and Dinil S. felicitated the audience. Smt. K. M. Rukkiya welcomed the class and Dr. Preethy Alex gave vote of thanks.



Preethy Alex
Coordinator

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Martial Arts Training: Taekondo

Date: 07-12-2017

A one month long Taekondo class for girls was inaugurated on 07th December 2017 at the college auditorium. Dr. Preethy Alex welcomed the gathering, Prof. Dinil S. presided over the function. Mr. Moideenkutty was the chief guest and trainer. About 70 students benefitted from the training programme.



Preethy Alex
Coordinator

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Training on "Cake making"

*Venue : College auditorium
on 05th February 2018
Time: 1.30 pm*

*Organized by
Women Empowerment Cell (SAKTHI)*




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Training on 'Cake Making'

Date: 05-02-2018

In order to foster creativity and improve baking skills, we organized a cake making class on 05th February 2018 in the college. Nearly 50 volunteers were trained in making black forest cake and white forest cake under the supervision of Prof. Sreeja Lakshmi. The Principal was kind enough to appreciate the efforts of the students. It was a wonderful experience for all those attended.



Preethy Menon
Coordinator


Principal

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Talk on

“Balancing Education with Family after Marriage”

On 02.03.2018

By

College Counselling Centre

PROGRAMME SCHEDULE

10.00 am

Welcome address

: **K.M. Rukkiya**
(Head of the Department of Chemistry)

10.10 am

Presidential address

: Capt. (Dr.) Abdul HameedC
Principal, MES Keveeyam College, Valanchery

10.30 am

Felicitation

: **Dinil S.**
(Staff Club Secretary)

11.00 am

Keynote address

: **Mr. N. M. Varghese**
(College Counselor)

12.10pm

Vote of thanks

: **Dr. Preethy Alex**
(WEC Coordinator)




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Report 2017-18

Talk on 'Balancing Education with Family after Marriage'

Date: 02-03-2018

A class was conducted by Mr. N. M. Varghese on 02nd March 2018 on student related stress and the ways to cope them. The speaker emphasized on optimum stress level for better output. The Counsellor covered the aspects of continued education after marriage and the need to get the family on board for higher education. The class was attended by 70 students. Principal Dr. Abdul Hameed C. presided over the class, Prof. Dinil S. felicitated, Dr.Preethy Alex welcomed and Smt. K. M.Rukkiya gave vote of thanks.



Preethy Alex
Coordinator

[Signature]
Principal



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Postmarital Counselling to Girl students on 05th March 2018

By
College Counselling Centre

PROGRAMME SCHEDULE

10.00 am

Welcome address : **K. M. Rukkiya**
(HOD, Department of Chemistry)

10.10 am

Presidential address : **Capt. (Dr.) Abdul Hameed C.**
Principal, MES Keveeyam College, Valanchery

10.30 am

Felicitation : **Dr. Rajesh. C**
(IQAC coordinator)

11.00 am

Keynote address : **Mr. N. M. Varghese**
(College Counsellor)

12.10pm

Vote of thanks : **Dr. Preethy Alex**
(WEC Coordinator)




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Report 2017-18

Postmarital Counselling

Date: 05-03-2018

A postmarital counselling was conducted by Mr. N. M Varghese on 05th March 2018. Approximately 60 students benefitted from the class. The class highlighted the need for effective interpersonal communication and good practices in a healthy married life. Principal Capt. (Dr.) Abdul Hameed C. presided over the function and Dr. C. Rajesh, IQAC Coordinator felicitated the gathering. Smt. K. M. Rukkiya welcomed the class and Dr. Preethy Alex concluded the event with an apt summing up of the class.



Preethy Alex
Coordinator


Principal

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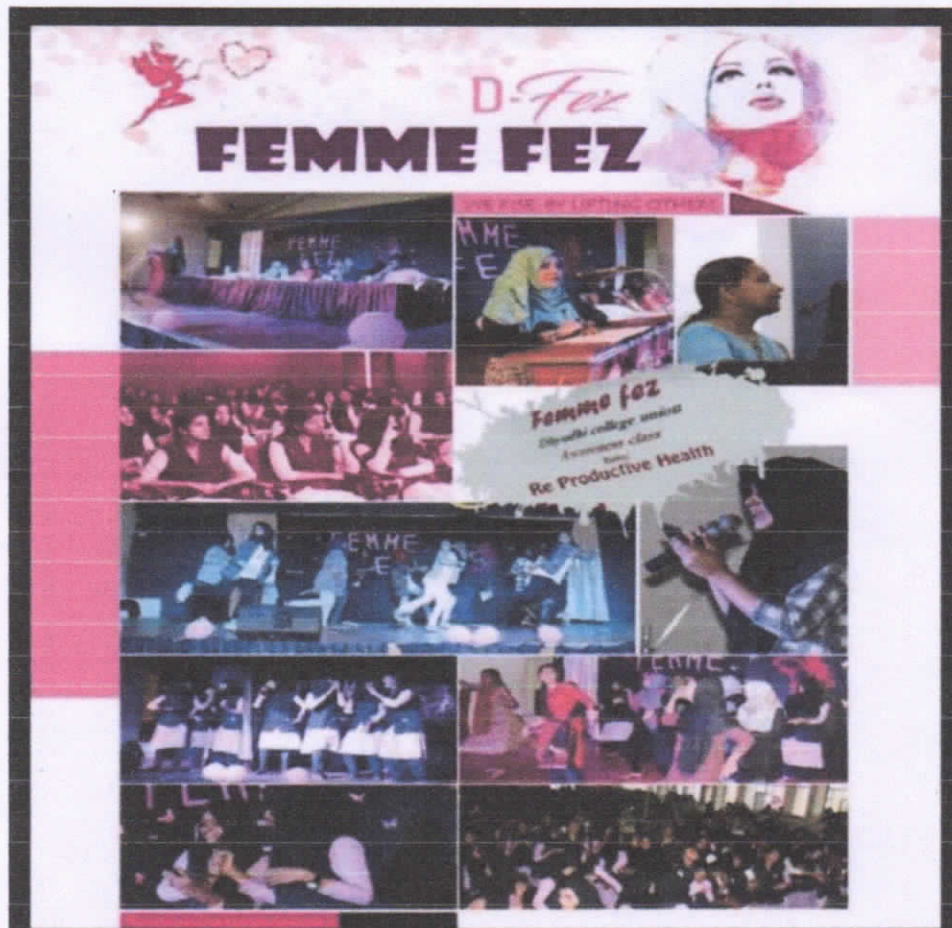


Report 2017-18

'FEMME FEZ'

Date: 08-03-2018 & 09-03-2018

A new concept - a special day for girls was organized by WEC in collaboration with the College Union on 08th and 09th of March 2018. Around 250 girl students participated. On day 1, an awareness class on **Reproductive Health for Girls** was held. The session was conducted by Dr. Uma, an expert in Ayurvedic Medicine to create awareness among girls about reproductive health. Dr. Preethy Alex welcomed the guest and the students and Miss Hasina, of students Union gave vote of thanks.




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Day 2 was dedicated to **cultural activities and performances** bring out the hidden talents of the girls and in the end, to let their hair down on the floor during the free dance hour. All girls enjoyed the event immensely.

FEMME FEZ

08.03.2018 : യൂണിയന്റെ കീഴിൽ വനിതാദിനത്തോടനുബന്ധിച്ച് FEMME FEZ എന്ന പേരിൽ ആദ്യമായി യൂണിയൻ പ്രോഗ്രാം നടത്തി എന്ന നിലയിൽ പെൺകുട്ടികൾ നമ്മുടെ കോളേജ് ചരിത്രത്തിൽ ഇടം നേടി. തുടക്കം മുതൽ ഒടുക്കം വരെ നിറഞ്ഞിരുന്ന സദസ്സും പെൺശബ്ദങ്ങൾ കൊണ്ട് മാത്രം ആരവങ്ങൾ തീർത്തപ്പോൾ അതൊരു പുത്തൻ അനുഭവമായി മാറി.

Preethy Alen
Coordinator




Principal
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