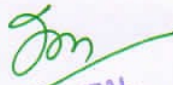


MES KEVEEYAM COLLEGE VALANCHERY

GENDER EQUITY PROGRAMMES 2016-17




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VALANCHERY-676552, Malappuram Dt.,
Kerala (Affiliated to the University of Calicut)
Phone: 04942644380, 2641347 (Fax)
www.meskvcollege.org
Email: principal@meskvcollege.org



SAKTHI (Women Empowerment Cell) cordially invite you to
the District Level Gathering of Transgender

Chilanka

Women : College Authorities
Date: 21.08.2016 at 10. a.m.



Tom
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Report 2016-17

'Chilanka- Rythm of Life' -District Level Gathering of Transgenders

Date: 21-08-2016

A district level gathering of Transgenders was organised in the college in association with district level coordinators on 21st August 2016. Around 100 people who identified themselves as transgenders gathered. The event was attended by 26 NSS volunteers from the College. Assistant Professor Nisab welcomed all delegates on behalf of the college. The delegates shared their experiences and did cultural performances.



Nisab
KEVEEYEM COLLEGE
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Prathylen
Coordinator

[Signature]
Principal



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MES KEVEEYAM COLLEGE
VALANCHERY-676552, Malappuram Dt.,
Kerala (Affiliated to the University of Calicut)
Phone: 04942644380, 2641347 (Fax)
www.meskvncollege.org
Email: principal@meskvncollege.org

"Yoga and Meditation for Girls"

Venue : College auditorium
on 20th September 2016
Time: 1.30 p.m.

By
Prof. Manjula Raman
Head of the Department of Chemistry



Organized by
Women Empowerment Cell (SAKTHI)



Jri
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Special Session on 'Yoga and Meditation for Girls'

Date: 20-09-2016

A special session on Yoga and Meditation was conducted on 20th September 2016 to educate the students to cope with everyday stress and promote healthy living. About 70 students attended. The class was conducted by Prof. Manjula Raman and was very well received by the students. The class also covered exam related stress which some students found very useful.



P. Sathylen
Coordinator



J. S.
Principal
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VALANCHERY, PIN: 676 552
MALAPPURAM



M E S KEVEEYAM COLLEGE VALANCHERY

Malappuram-Kerala

Phone: 0494 – 2644380, 2642670, 2641347(Fax)

www.meskvmmcollege.org, Email: principal@meskvmmcollege.org

Premarital Counselling to Girl Students

On 26.09.2016

By

College Counselling Centre and Women Empowerment Cell

PROGRAMME SCHEDULE

10.00 am

Welcome address : **K.M. Rukkiya**
(Counselling Centre Coordinator)

10.10 am

Presidential address : Lt. (Dr.) P. Mohamedali
Principal, MES Keveeyam College, Valanchery

10.30 am

Felicitation : **Prof. Manjula Raman**
(Associate Professor, Dept. of Chemistry)

11.00 am

Keynote address : **Mr. N. M. Varghese**
(College Counsellor)

12.10pm

Vote of thanks : **Dr. Preethy Alex**
(WEC Coordinator)



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Report 2016-17

Premarital Counselling


Date: 26-09-2016

Renowned counsellor Mr. N. M. Varghese handled a premarital counselling session on 26th September 2016 in the College Auditorium, for 220 students. The session was intended to give an exposure to the students in preparation to tie the nuptial knot and also to improve intra personal and interpersonal communication. The session was appreciated by all the participants. The session was presided over by Principal Lt. (Dr.) P. Mohamedali, welcomed by Smt. K. M. Rukkiya and vote of thanks was delivered by Dr. Preethy Alex.




Coordinator




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VALANCHERY-676552, Malappuram Dt.,
Kerala (Affiliated to the University of Calicut)
Phone: 04942644380, 2641347(Fax)
www.meskvmcollege.org
Email:principal@meskvmcollege.org


Symposium on
"Stress Management"

Venue : College auditorium
on 12th October 2016
Time: 1.30 pm

By N. M. Varghese
(College Counsellor)

Organized by
College Counselling cell




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Report 2016-17

Symposium on 'Stress Management for Girls'

Date: 12-10-2016

A symposium was conducted by Mr. N. M. Varghese on student related stress and the ways to cope them on 12th October 2016 for more than 150 girl students in the auditorium. The speaker stressed upon the management of stress for better efficiency. The participants actively participated in the discussion that followed. He also conducted individual counselling sessions to students after the class. Principal Lt. (Dr.) P. Mohamedali presided, Dr. Preethy Alex welcomed the class and Smt. K. M. Rukkiya gave vote of thanks.



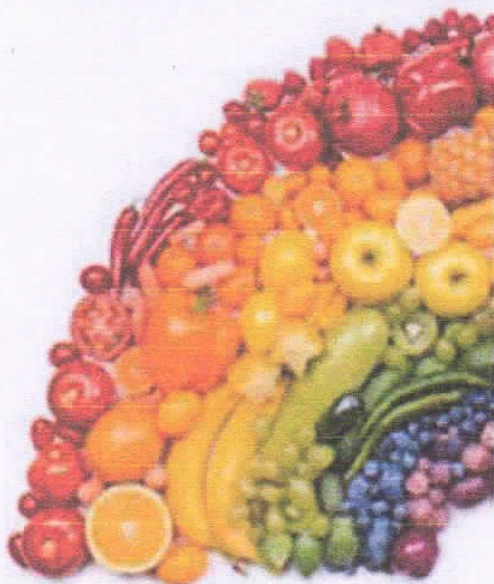

Coordinator




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MES KEVEEYAM COLLEGE
VALANCHERY 676 532, Malappuram Dist.
Kerala - Affiliated to the University of Calicut
Phone: 0342/644 130, 0342 1470 ext.
www.meskvmcollege.org
mes.keveeyamcollege@gmail.com




Talk on
**"Healthy Diet during
Pregnancy"**

Venue : College auditorium
on 26th October 2016
Time: 1.30 pm

By Dr. Preethy Alex
(Women Empowerment Cell
Coordinator)

Organized by
College Counselling Cell



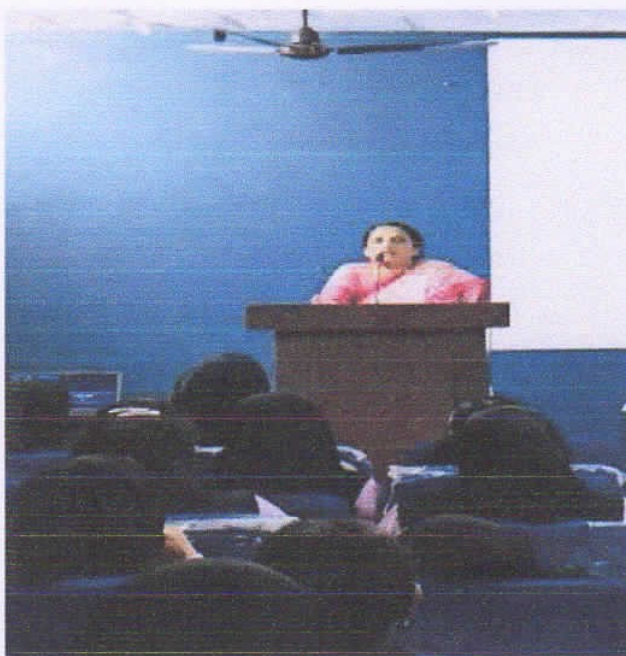

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Report 2016-17

Workshop on 'Healthy Diet During Pregnancy'

Date: 26-10-2016

A workshop on healthy diet for college students was conducted on 26th October 2016 by Dr. Preethy Alex for more than 60 students. She impressed upon all students the importance of having a balanced diet to stay away from physical and mental illness. The speaker also distributed a list of nutrients which is a must in every day meal. Smt. K. M. Rukkiya gave vote of thanks.



Preethy Alex
Coordinator



[Signature]
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MES KEVEEYAM COLLEGE
VALANCHERY-676552, Malappuram Dt.,
Kerala (Affiliated to the University of Calicut)
Phone: 04942644380, 2641347 (Fax)
www.meskvmcollege.org
Email: principal@meskvmcollege.org

SAKTHI (Women Empowerment Cell)

Cordially invite you to the seminar on
"Women Empowerment"

Venue : College auditorium on 06.12.2016

Time: 1.30 p.m.

By Adv. Sujatha S. Varma

Manjeri Bar Association




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Report 2016-17

Seminar on 'Women Empowerment'

Date: 06-12-2016

A seminar was conducted in the College on 06th December 2016 for 130 girl students. The main session was taken Adv. Sujatha S. Varma, an expert in the field of legal matters and family courts. She educated the students on various issues and enthralled the audience with anecdotes and her experience in handling various women related cases. She also motivated the students to lead happy, healthy and an empowered lives. Her experience in various family related issues turned out to be an eye opener to many. The class was well appreciated by all. Dr Preethy Alex welcomed all delegates, Principal Lt. (Dr.) P. Mohamedali presided over the class. Dr. C. Rajesh, IQAC Coordinator and Prof. Dinil S. felicitated the audience. Student coordinator Ms. Sreelakshmi gave the vote of thanks.




Don
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Priethy Alen
Coordinator




Principal
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VALANCHERY-676552, Malappuram Dt.,
Kerala (Affiliated to the University of Calicut)
Phone: 04942644380, 2641347 (Fax)

www.meskvymcollege.org

Email: principal@meskvymcollege.org



SAKTHI (Women Empowerment Cell) cordially
invites you to the

Motivational Talk on
Women in Politics

By

Miss Sajitha E. M.

University Union Lady Vice Chairperson

Venue : College Auditorium on 07.02.2017 at 1.30 p.m.



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Report 2016-17

Motivational Talk on 'Women in Politics'

Date: 07-02-2017

The vibrant lady representative of the College at University level, Miss Sajitha E. M. was felicitated in the College Campus on 07th February 2017. She delivered a talk on 'Women in Politics'. Lt. (Dr.) P. Mohamedali, Principal, presided over the function. Mr. Abdul Khader, MLA joined the Staff and students to felicitate her in the presence of 266 students of the college. Prof. A. M. P. Hamza, Prof. Dinil and Prof. Nisab also felicitated the youth leader.



Priyathy Alen
Coordinator



[Signature]
Principal
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VALANCHERY-676552, Malappuram Dt.,
Kerala (Affiliated to the University of Calicut)
Phone: 04942644380,2641347(Fax)
www.meskvcollege.org
Email:principal@meskvcollege.org

Open Forum on

'Women Empowerment-A reality check'

on 21st March 2017

Time: 1.30 pm

By Dr. Preethy Alex
(WEC Coordinator)

Organized by
Women Empowerment Cell (SAKTHI)



Jon
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Report 2016-17

An Open Forum on 'Women Empowerment-A Reality Check'

Date: 21-03-2017

An open forum to chalk out the course of action regarding initiatives for empowerment of women in the college was conducted by Dr. Preethy Alex on Women's Day 21st March 2017. It was attended by 56 students. The students gave out their views on contemporary issues and suggested awareness is the key to enabling the under privileged. They were appreciative of the activities of the WEC of the college.



Preethy Alex
Coordinator



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ഗലി കോളേജ് യൂണിയന്റെ ആഭിമുഖ്യത്തിൽ രൂപീകരിക്കുന്ന
Womens Club Inauguration
(27-03-2017)




Chief Guest: Sree S Nair
(Secretary Of Oasis Cultural Society)



കോളേജ് യൂണിയൻ



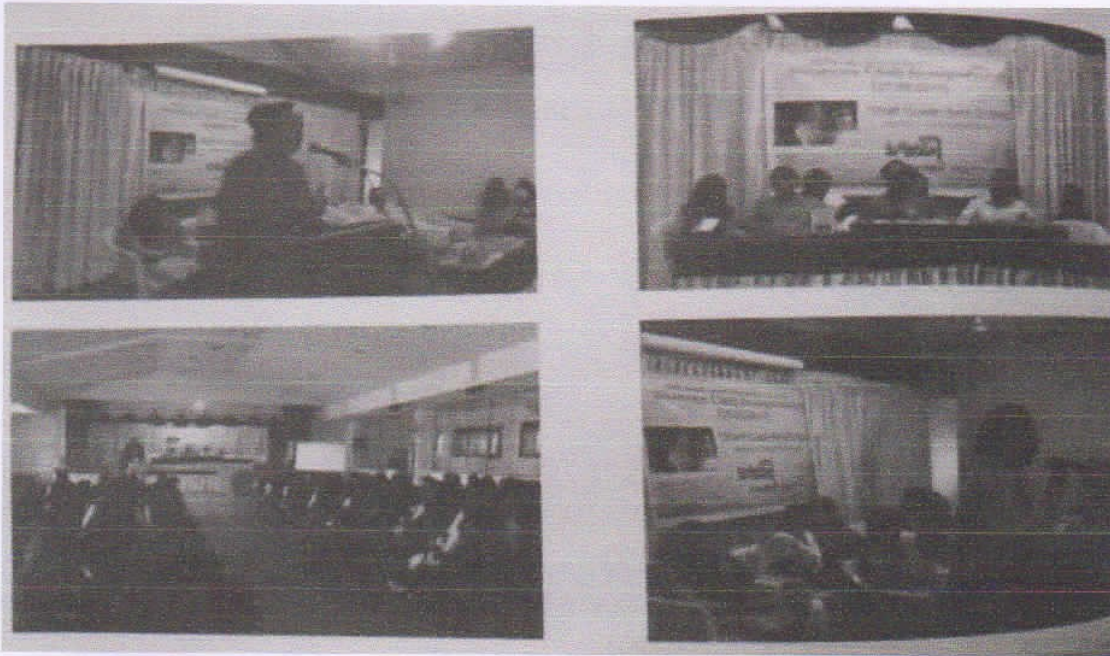

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Report 2016-17

Establishment of Women's Club

Date: 27-03-2017

College Women's Club was inaugurated under the aegis of College Union on 27th March 2017 in the Auditorium in the presence of 120 students. Dr. Preethy Alex welcomed the Chief Guest, Principal and students. Principal Lt. (Dr.) P. Mohamedali presided over the meeting. Chief Guest Sree S. Nair, Secretary of Oasis Cultural Society gave an inspiring speech on the role of women in shaping the society.



Preethy Alex
Coordinator



P. Mohamedali
Principal

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Report 2016-17

Mime on 'Female Foeticide'

Date: 11-06-2017


Department of English in association with WEC conducted a mime under Lit Café, the literary and cultural forum of the Department on the theme of female foeticide on 11th June 2017. More than 70 students attended the programme.



Praveetha
Coordinator




[Signature]
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21-06-2017

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GALI COLLEGE UNION
MES KVM COLLEGE
VALANCHERY

WOMEN'S CLUB

**INTERNATIONAL
YOGA DAY**

**11.30
AM**

YOGA CLASS

GUEST :
DR. AMAL JALEESA
(BACHLOR OF NATUROPATHY AND YOGIC SCIENCE)

VENUE : AUDITORIUM



Jon.
PRINCIPAL
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Report 2016-17

Yoga class in Connection with International Yoga Day

Date: 21-06-2017

International Yoga Day was observed on 21st June 2017 by the Women's Club and WEC. Dr. AmalJaleesa, Bachelor of Naturopathy and Yoga Science was the chief guest. About 100 students attended the programme. Training in some basic yoga positions was given.



Preethy Alen
Coordinator




Principal

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