


MES KEVEEYAM COLLEGE VALANCHERY

GENDER EQUITY PROGRAMMES 2015-16




PRINCIPAL
M.E.S KEVEEYEM COLLEGE
VALANCHERY, PIN- 676 552
MALAPPURAM




MES KEVEEYAM COLLEGE
VALANCHERY-676552, Malappuram Dt.,
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Motivational Talk on
"Successful Higher Education After
Marriage"

By
Mr. N.M. Varghese
(College Counsellor)

*Venue : College Auditorium
On 18th August 2015
Time: 1.30 p.m.
by
College Counselling Cell*




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Report 2015-16

Orientation Class on 'Successful Higher Education after Marriage'

Date: 18-08-2015

An orientation class was conducted on 18th August 2015. Our principal, Lt. (Dr.) P. Mohamedali presided over the meeting and introduced college life to the new students. The aim of this class was to give orientation to first year students in the beginning of academic year. About 200 students were present in the meeting. Prof. K. H. Razak, Head of the Department of Commerce felicitated the students for their good conduct during the meeting. College counsellor, Mr. N. M Varghese advised the students about the ways to reduce stress by proper planning and time management. He also emphasised on good peer interaction and dynamic communication with the teachers. Dr. Preethy Alex welcomed the class and Smt. K. M. Rukkiya gave vote of thanks.




Coordinator


Principal

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District Level Self Defence Programme

Date: 14-09-2015 to 18-09-2015

A self-defence training programme was held at District Headquarters at Malappuram from 14-18th September 2015 at MSP Camp location. Four students, Subhishra M. P. (B. Com), Aswathy P. K (B. Sc Zoology), Fathimathul Naseera and Tasleema T. attended the said camp. They were awarded certificates from the camp.



Preethy Alen
Coordinator



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SAKTHI (Women Empowerment Cell)

21-11-15 to 20-12-15

“Taekwondo Training”
(Mr. Moideen Kutty)

Venue : College Auditorium

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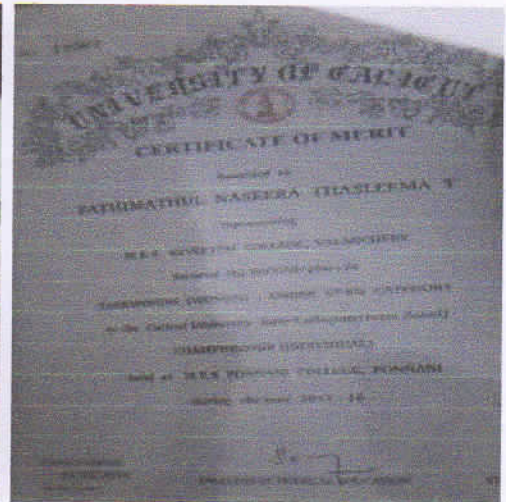


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Taekwondo Training

Date: 21-11-2015 to 20-12-2015

WEC in association with Department of Physical Education have introduced Taekwondo training in the college under coach Mr. MoideenKutty for students from 21st November 2015 to 20th December 2015. 20 students attended the training. Ms.Thasleema (2nd BA English) secured silver medal and Ms. Sreeshma (4th sem B. Com) and Ms. Arathi P. (4th sem B. Com) secured Bronze medal in Women Category and Mr. Shabeeb (6th sem B. A) won the bronze medal in men category.



Prathylen
Coordinator

Jon
Principal

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16.11.2015

NOTICE

In connection with the International Day for the Elimination of Violence against Women, the Women Empowerment Cell (SAKTHI) of our college organizes a Collage Making Competition at college auditorium on 26.11.2015, 1.30 pm. Two students from each class can participate in the same. Interested candidates can give their names on or before 20.11.2015 near Dr. Preethy Alex, WEC coordinator.



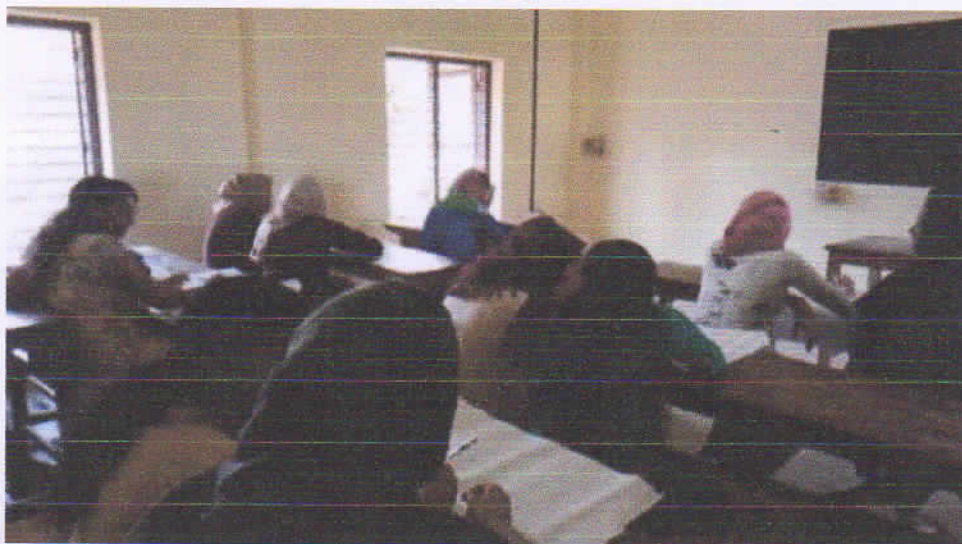

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Collage making competition in connection with 'International Day of Elimination of Violence against Women'

Date: 26-11-2015

The International Day of Atrocities Against Women was observed on 26th November 2015 and a Collage making competition was held to create awareness among students. In the said competition, Arjun Hari of II BA Functional English got the first prize. The event was organized by WEC, attended by 25 students. Lt. (Dr.) Mohamedali gave away the prizes to the winners.



Peruthy Alen
Coordinator



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PROGRAMME SCHEDULE

10.00 a.m.

Assembly

10.05 a.m.

Welcome address by

Dr. (Lt). Mohamedali P.

Principal, MES Keveeyam

College, Valanchery

10.15 a.m.

Inauguration by

Afsana Parveen, IAS, Assistant Collector,
Malappuram

10.30 a.m.

Keynote address by

Prof. Moly Kuruville, Director, Centre
Women Studies, Calicut University.

11.30 a.m. Tea Break

Session I

11.40 a.m.-1.00 p.m.

Class on 'Physical and Mental Well Being'

by

Dr. Anitha Vishwambharan, Gynecologist,
Vaidyaratnam PSV Ayurveda College, Kottakkal

1.00-2.00 p.m.: Lunch break

Session II

2.00-4.00pm

Assertiveness Training by

Dr. Mary Matilda

Former Principal &
Member of the faculty team India-
Canada HRD training programmes

Vote of thanks : Dr. Preethy Alex

Mrs. Afsana Parveen, IAS

Assistant Collector, Malappuram
District has kindly consented to be the
chief guest



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SAKTHI



Dr. (Lt). P. Mohamedali, Principal,
MES Keveeyam College, Valanchery
Cordially invite you to Enrichment
Programme

Gender and Empowerment-'Tarang'
At 10.00 a.m on Monday 22nd February 2016
Venue: College Auditorium



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Regional Seminar on Gender and Women Empowerment-‘Tarang’

Date: 22-02-2016

A regional seminar named ‘Tarang’ was conducted in the College on 22nd February 2016. Around 300 girl students attended the seminar. Principal Lt. (Dr.) Mohemadali presided over the Seminar. Ms. Afsana Parveen, I.A.S, Assistant Collector, Malappuram inaugurated the Seminar. She motivated the students to work hard with focus to achieve what they wanted to become in life.



Mrs. AfsanaParveen, IAS

This session was followed by keynote address by Dr. Molly Kuruvilla, Director, Centre for Women’s Studies University of Calicut.



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In the afternoon, a class on sex, gender and empowerment was conducted by Dr. Mary Matilda, former Principal, Maharajas College, Ernakulam and member of faculty team India Canada HRD training Programme.



Principals
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It was a well organized seminar which highlighted the role, rights and responsibilities of women in the society.

Preethy Dlen
Coordinator



Jos
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“Guidance for Outgoing Girl Students”

by

**(Mr. N.M Varghese
College Counsellor)**

Venue : College Auditorium on 03.03.2016 at 1.30 p. m.

**Organized by
College Counselling Cell**

All final year students are invited



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Guidance for Outgoing Girl Students

Date: 03-03-2016

Mr. N. M. Varghese conducted a class for all the outgoing girl students of this college on 03rd March 2016 in the college Audio Visual Hall. Around 100 students attended. He spoke to them about the characteristics of a good citizen and a leader. He also explained the challenges and ways to cope with pressure. Inspired by his class, some of the students approached him for personal counselling for solving their problems. Principal Lt. (Dr.) P. Mohamedali presided over the class, Dr. Preethy Alex welcomed the class and Smt. K. M. Rukkiya gave vote of thanks.




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SAKTHI (Women Empowerment Cell)

Cordially invite all women students to the
Self Defence Programme- Nirbhaya
From 18 -24 March 2016

Venue : College Auditorium



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Women's Self Defence Programme-'Nirbhaya'

Date: 18-03-2016 to 24-03-2016

With the help of Valanchery Police, a self-defence class was conducted from 18-24th March 2016. Forty five students attended and benefitted from the programme.



Jon.
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Pleethy Glen
Coordinator



Principal
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Educational Talk on
"Menstrual Hygeine"

by

(Prof. K. M. Rukkiya

Department of Chemistry)

Venue : College Auditorium, on 25.03.2016 at 1.30 p.m.

Organized by

College Counselling Cell

All girl students are invited



Tom
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Report 2015-16

Educational Talk on 'Menstrual Hygiene'

Date: 25-03-2016

Prof. K. M. Rukkiya gave an educational talk to the outgoing students on 25th March 2016. About 100 students were present in the meeting. She motivated the students to develop self-confidence and courage and to make firm decisions. Prof. K. M. Rukkiya covered the important facets of female health and menstrual hygiene in particular. Dr. Preethy Alex welcomed and gave vote of thanks.




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